



Section 6: Health Care

Provo City residents are aware of and have access to facilities, services, and a culture that promote physical and emotional health.

Goal 6.1 - Ensure healthcare services are accessible to all residents.

Objective 6.1.1 By January 2030, reduce by five percent the number of Provo City adults age 19 and older who indicate they do not have access to healthcare services.

Objective 6.1.2 By January 2030, reduce by five percent the number of Provo City children age from birth to age 18 who do not have access to healthcare services.

Goal 6.2 - Promote wellness and preventive healthcare among Provo City residents and those within the local healthcare system.

Objective 6.2.1 By January 2030, increase by five percent the number of Provo City adults age 19 and older who indicate they exercise at least three times a week.

Objective 6.2.2 By January 2030, increase by 10 percent the number of Provo City children age 6 to 14 who eat five fruits and vegetables a day.

Objective 6.2.3 By January 2030, increase immunization rates for vaccine preventable diseases by five percent for

Provo City residents of all ages.

Objective 6.2.4 By January 2030, reduce by three percent pregnancy-related complications among Provo City residents.

Objective 6.2.5 By January 2030, decrease by three percent dental decay among children ages 4 to 18.

Objective 6.2.6 Discourage distracted driving and other unsafe risk-taking among teens and young adults and promote occupant restraints and helmet use to reduce motor vehicle injuries and recreational injuries.

Goal 6.3 - Collaborate with the medical community to continuously improve preparation to respond as individuals, families, and communities to major emergencies.

Objective 6.3.1 Provide all households important information explaining what to do before, during, and after major emergencies—earthquakes, wildfires, flooding, extreme weather, mass violence, pandemic influenza, and other communicable diseases.

Objective 6.3.2 Participate at least once a year in exercises

of the planned policies and procedures that will be followed by public health, the medical community, and public safety during major emergencies.

Goal 6.4 - Protect our beautiful and healthful environment around us, including air, water, land, and food.

Objective 6.4.1 Provide regular pickup or drop off sites for recyclable used paper, cardboard, glass, plastics, and metals, etc. Provide recycling containers at city functions and facilities.

Objective 6.4.2 Promote the use of zero or reduced emission transportation using bicycles, electric vehicles, mass transit, etc.

Objective 6.4.3 Promote the use of public transportation whenever feasible, especially between housing, shopping, and business locations.

Objective 6.4.4 Encourage the location of basic shopping and service businesses within walking distances of residential areas.

Goal 6.5 - Promote appropriate drug-free lifestyles among all residents.

Objective 6.5.1 By January 2030, reduce by three percent the incidence of prescription drug abuse among Provo City adults.

Objective 6.5.2 By January 2030, reduce by three percent the number of residents incarcerated for a drug-related crime.

Objective 6.5.3 By January 2030, reduce by three percent the number of residents entering emergency rooms for substance abuse.

